

## **God Is a Sun**

Have you ever been outside in the early morning when it was cool outside? Then when the sun came up and its rays hit you, you immediately felt warmer. Or maybe you live in a place where it snows a lot. Even when it is still cold enough for the snow to be on the ground, if you stand still where the sun's rays can be on you, you will feel warmer.

The sun's rays also help plants grow. Without the sun's rays the plants could not grow. The proper amount of sun makes the plants very healthy. People even need sunlight. The sunlight activates some chemicals in the body that then helps make the body healthy.

In Psalm 84:11 we read, "For the Lord God is a sun and shield: the Lord will give grace and glory: no good thing will he withhold from them that walk uprightly."

God is the Sun of our spiritual life. He gives us exactly what we need to live the proper and healthy spiritual life. There is something we have to do to receive the grace and glory from God. We must walk uprightly.

The only way to know how to walk uprightly is to study our Bible. We must get the wisdom from it to do what God wants us to do. So keep reading your Bible, and if any of this is hard to understand, ask an adult to help you.

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